



FOREWORD

Most of us grow up with a myopic perspective on life. We have a family that may be blissful or dysfunctional, but that microcosm of life is what we experience as our world. When we venture out into the social network of people and organizations, we receive feedback about our behavior. It is at this point that we start to see ourselves in relation to others. When you look in the mirror of another person, you have options. You can appreciate what you see; you can judge what you perceive; you can question what you observe; or you can grow from what you discover.

Although wealth comes in many forms, for most people, money directly equates with wealth. One's relationship to money is one of the myopic areas for growth. You may be a hoarder, a squanderer, an investor, or simply allergic to money. Investigating your relationship to money is a worthwhile activity, regardless of what you discover. Money is a form of energy that must be addressed if you are going to live in the world of producing and consuming. Not having, having some, having a lot, or having an abundance of wealth is directly related to one's concept of self-esteem, sense of deserving, and one's capacity for abundance. Examining what you believe, what you feel, and what thoughts you harbor in relation to having money will expand your consciousness and your capacity to allow wealth to magnetize to you.

Regina Richardson has worked through many of her limiting beliefs regarding her relationship to having an abundance of money. In *Wealth Magnetz*, Regina reaches out to help you through any past baggage that you may have acquired in relation to money. Her objective is to liberate you from the poverty-consciousness chains that could keep you from attracting all the abundance

WEALTH MAGNETZ

you deserve. Regina wants everyone to experience the joys she has discovered, and she will hold your hand along the journey from scarcity to abundance to becoming a human wealth magnet.

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These are the Rules: Ten Rules for Being Human